



Meeting survivors where they are at in their healing journey is important at the Sexual Assault Centre Kingston. Therefore, we provide a variety of ways for survivors to connect to engaged, supportive, and empathetic volunteers, like you.

### **What does this entail?**

This virtual volunteer opportunity can be done from anywhere with internet access! Log into our secure and confidential portal and provide crisis intervention to survivors who access the service from either our website or text enabled number.

### **What skills to I need?**

This role is perfect for those with an interest in empowering survivors of sexual violence using a feminist and trauma-informed mindset. Individuals with an understanding of sexual violence, responses to trauma, and empathy would succeed in this role will succeed in this volunteer position.

### **What skills will I gain?**

By volunteering on Chat and Text Line, you will gain an understanding of how sexual violence impacts individuals, how to use empathy and active listening skills to be present with individuals in distress, and how to practice professional boundaries when intervening in crisis'.

### **What's the time commitment?**

Volunteers are required to commit to the Centre for a minimum of 6 months. Each volunteer is required to complete 2-3 shifts per month on the line.

### **What's the application process?**

1. Submit an inquiry to the Volunteer Coordinator.
2. The Volunteer Coordinator will email you with dates and times for an interview.
3. Complete and interview and receive next steps.
4. Submit your Vulnerable Sector Police Clearance and Responding to Disclosures Certificate. The certificate takes approximately 2 hours to complete and can be done on your own time.
5. Attend a 6 hour in-person training session covering trauma responses, coping skills, local resources in the Kingston area, and how to respond to disclosures using a trauma sensitive framework.
6. Attend a 1 hour virtual training session that will introduce you to the online software.
7. Start volunteering!